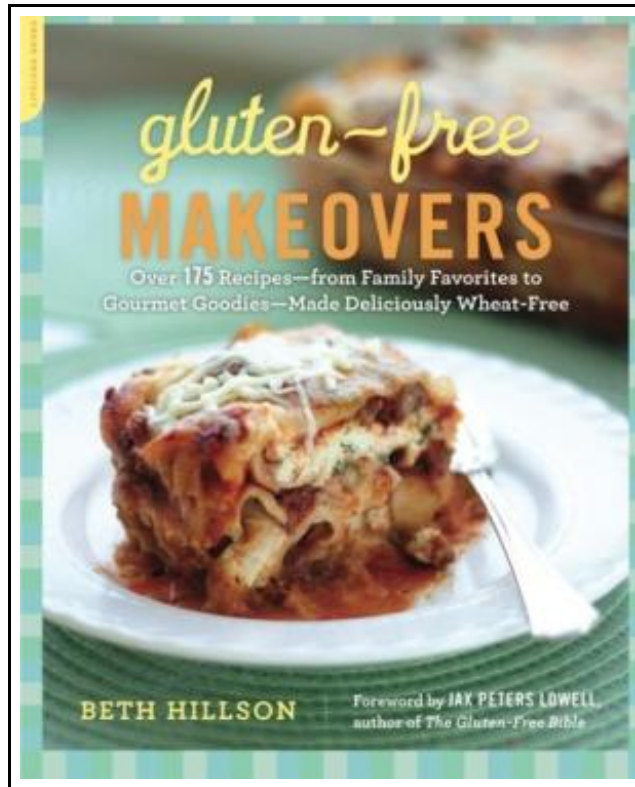


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Filesize: 1.32 MB

Reviews

*Comprehensive guideline! Its this sort of good read. It is actually writter in simple terms and never hard to understand. Its been developed in an exceedingly simple way which is just after i finished reading through this ebook where actually changed me, modify the way in my opinion.
(Mabelle Wuckert)*

GLUTEN-FREE MAKEOVERS: OVER 175 RECIPES - FROM FAMILY FAVORITES TO GOURMET GOODIES - MADE DELICIOUSLY WHEAT-FREE



The Perseus Books Group. Paperback. Book Condition: new. BRAND NEW, Gluten-Free Makeovers: Over 175 Recipes - from Family Favorites to Gourmet Goodies - Made Deliciously Wheat-free, Beth Hillson, When Beth Hillson was diagnosed with celiac disease more than thirty years ago, she had nowhere to turn to for recipes or support. She embarked on a lifelong journey to help provide delicious and healthy food to others who cannot have wheat-as many as 1 in 133 Americans, according to recent estimates. In Gluten-Free Makeovers, Hillson makes over some of the most popular recipes-from celeb chef favorites to classic comfort foods, from pot pies to pizza, fig bars to croissants-so wheat-free home cooks can have their cake and eat it too. With chapters dedicated to the gluten-free kitchen, preparation basics, a resource guide on ingredient sources, and supplemental info on gluten-free living, Gluten-Free Makeovers offers inspiring meals for both seasoned and novice chefs alike.



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