



## What's Your #1 Fear in Life?: Conquering Our 15 Biggest Fears (Paperback)

By David Leads

Createspace, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A Reflection on our Biggest Fears in Life We wanted to know -> What's your #1 fear in life? So we asked you. We surveyed 50 readers and asked them the above question. From the 50 responses we found 15 major fear themes that were repeated multiple times, and we wrote this book about the 15. This book discusses these 15 fears and reflects on them. What can we do to minimize their effect on our lives? We all know fear holds us back. The question is, what are we going to do about it? Why This Book? Through the process of identifying and getting familiar with our fears, they become less scary, and then we can start to gain control over them. Do you have any of these fears? Here's the list of the 15 fears: #1: Failing in Your Profession or Career #2: Past Mistakes or Bad Choices #3: Moving to a New City #4: Debilitating and Permanent Depression #5: Lifelong Anxiety and its Effects #6: Losing Everything You Have #7: Identity Theft #8:...



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