



## Love & Power : Awakening to Mastery

By Lynn V Andrews

Penguin Putnam Inc. Paperback / softback. Book Condition: new. BRAND NEW, Love & Power : Awakening to Mastery, Lynn V Andrews, In this powerful book, bestselling author and seer Lynn V. Andrews takes us on a journey toward self-completion by tackling the problem of imbalance--in life, in love, in work, in spirit. Drawing on a wealth of lessons learned during two decades of lecturing, teaching, and counseling and on powerful ancient traditions, Andrews outlines practical steps for focusing one's spiritual and intellectual energy. Explaining the ways in which pursuing a career or raising a family has left many people, especially women, yearning for spiritual and emotional sustenance, Andrews teaches readers how to balance the need for love with the desire for power. By lighting a spiritual path, Lynn Andrews guides us inward, toward our true selves. "Love and Power" offers us the tools and the courage to weave power and love together into a vibrant tapestry, into a rich and harmonious life.



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