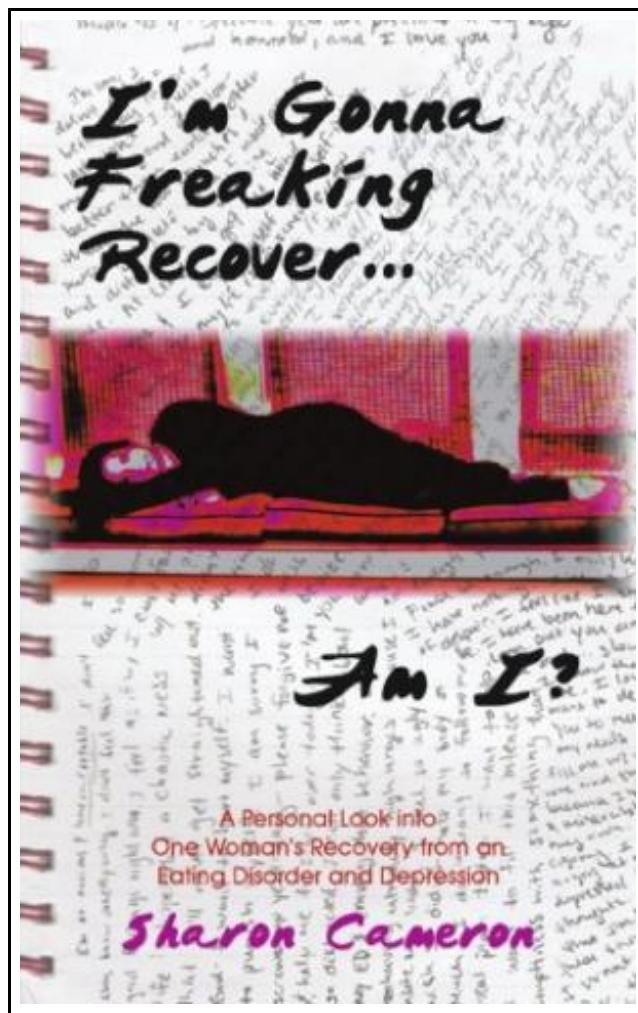


I'm Gonna Freaking Recover.Am I?: A Personal Look Into One Woman's Recovery from an Eating Disorder and Depression (Paperback)



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Reviews

Great eBook and useful one. It was actually written really completely and useful. You are going to like the way the article writer publish this publication.

(Prof. Ernestine Emard)

I M GONNA FREAKING RECOVER.AM I?: A PERSONAL LOOK INTO ONE WOMAN S RECOVERY FROM AN EATING DISORDER AND DEPRESSION (PAPERBACK)

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iUniverse, United States, 2009. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Eating disorders, depression, and self-injury are often taboo topics in our culture-especially within the church. Sharon Cameron seeks to change that with I m Gonna Freaking Recover.Am I? During a four-year battle with anorexia and bulimia, Sharon faithfully journaled her thoughts, feelings, and daily struggles with self-starvation, binging, and purging in order to share her amazing, courageous journey. With raw honesty, Sharon challenges the common misconception that such issues do not exist among Christians or those who otherwise look together. Instead of masking perfection, Sharon presents herself as an example of someone who is truthful, real, and imperfect. She describes the early days of her disease and how she felt compelled to exercise continuously to keep her perfect figure for gymnastics class. As her bulimia and anorexia began to manifest itself after her graduation from high school, Sharon began to spiral downward into a maze of guilt, hopelessness, and pain. Yet despite it all, Sharon clung to her faith, and with the support of friends, family, and the medical community, she started healing. She documents her inpatient treatment, her many relapses and triumphs, and how she continues to persevere. I m Gonna Freaking Recover.Am I? provides hope and comfort to those experiencing the secret thoughts, behaviors, treatment, and recovery of eating disorders. You re not alone in your struggle!.



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Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities (Paperback)

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso's groundbreaking and trusted guide on bullying—including cyberbullying—arms parents...

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GB Publishing.org, United Kingdom, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Surrey Life magazine, May 2015, TV presenter Juliette Foster: She writes with...

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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Merry Xmas! Your kid will love this adorable Christmas book...

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Echo Library, United States, 2008. Paperback. Book Condition: New. Illustrated. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children's...

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