



Pressure Cooker Cookbook: 35 Delicious and Simple Recipes for Cooking Fast, Fresh Flavorful Food: (Pressure Cooker Recipes, Pressure Cooker Books, Electric Pressure Cooker Recipe) (Paperback)

By Imogen Brown

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Pressure Cooker Cookbook 35 Delicious And Simple Recipes For Cooking Fast, Fresh Flavorful Food

Pressure cookers are ideal for saving you time and money, and allowing you to cook with cheaper cuts of meat that would otherwise require long, slow cooking. This book includes recipes such as: Quick strawberry jam Braised Lamb shanks Perfect brown rice Southern fried chicken Pressure cookers are cheap and a good one will last you a lifetime. They are also versatile, as without the lid, they can be used in the same way as a standard saucepan. They are not just for stews and curries - as you will see, you can use them for deserts, vegetables and even deep-frying. You can use dried pulses without the need for lengthy boiling and overnight soaking, which makes them ideal for cheap, healthy, satisfying meals. So if you have one lurking at the back of your cupboard, or have just bought one and are wondering how to use it, try these fresh and surprising recipes!

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