



## Starting Lines: Early Efforts of a Writing Runner, and Where They Led (Paperback)

By Mr Joe Henderson

Createspace Independent Publishing Platform, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Sometime between claiming my first Social Security check at 62 and signing on with Medicare at 65, I heard an offhand comment by a fellow writer on running from the same age-group. Rich Benyo, editor of Marathon Beyond, had finished writing his life story and urged me to get going on mine. Our age is the best time to write memoirs, he said. We're old enough to have had the experiences, but still young enough to remember what they were. My second big push was a cancer diagnosis. Doctors found this disease early and treated it well, but the episode still left me thinking: Better get going on this book now, when the successful treatment has renewed my appreciation for the life I've led. Writing on this memoir began in 2008, shortly after hearing the three chilling words: You have cancer. I wrote and wrote and wrote that year, and only took the story as far as 1967. This became Starting Lines, covering my growing-up years in the Midwest. Two more books (Going...

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