



## From the Ground Up: How Ireland is Growing Its Own

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By Fionnuala Fallon, Richard Johnston

The Collins Press. Hardback. Book Condition: new. BRAND NEW, From the Ground Up: How Ireland is Growing Its Own, Fionnuala Fallon, Richard Johnston, 'Tickle the earth with a hoe,' someone once wrote, and 'it will laugh a harvest.' This book tells the stories of some very talented and very different 'ticklers of the earth', all of whom live and garden in Ireland today. From schoolchildren to pensioners, amateurs to experts, what they share in common is a delight in growing their own fruit and vegetables. They inspire as they share the knowledge and skills to connect with nature at a deeper level and truly experience growing your own, often laborious but always rewarding. Some successes are against the odds, as with the 8-Square-Metres blogger and a wonderful school garden in Dublin's Donaghmede. For a Cork grandmother and allotment-holder, GYO is a family activity, while a sense of community drives a thriving garden in Bundoran. For Trevor Sargent, his town garden is a way of leading by example. Others featured are: Michael and Ethna Viney; internationally-respected vegetable expert and author Joy Larkcom; OPW gardeners Brian Quinn and Meeda Downey; organic farmer Jim Cronin in Clare; author and professional gardener Klaus Laitenberger;...



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