

Heartbeat: How to Prevent a Heart Attack



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Reviews

This pdf is indeed gripping and exciting. it was written quite completely and valuable. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Kurtis Parisian)

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Popular Prakashan, Delhi, India, 2015. Softcover. Book Condition: New. First Edition. When it came to taking care of her dear ones Dr Vasundhra Atre realised, that even as a medical specialist she had many unanswered questions. It is this realisation that triggered in Dr Atre, the desire to write on medical issues in an easy to understand manner. Heartbeat is an eye opener for those who have an indifferent attitude towards their health and a comprehensive guide for those who make a conscious effort to live a healthy life. It attempts to answer all queries regarding Coronary Artery Disease (CAD). Right from the basic structure of the heart, the disease process and risk factors, to when one should suspect that a heart attack is occurring and the preventive routine tests and their interpretation, the book has all that you must know about coronary artery disease and how you can prevent a heart attack. Printed Pages: 126.

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